Elder Resources in

Teton County

PREPARED BY

ELDER CARE ADVISORS, AGE FRIENDLY JACKSON HOLE & SENIOR CENTER OF JACKSON HOLE





AARP Wyoming 866-663-3290 states.aarp.region/wyoming

Statewide resource for seniors for health, financial security, housing and care-giving information.

Advanced Healthcare Directives, Living Will, POLST Forms

Available from health care providers, SJMC social services, Institute for Cognitive Health, Senior Center of Jackson Hole.

• The Five Wishes 1-888-594-7437 agingwithdignity.org

Age Friendly Jackson Hole 307-733-7300 seniorcenterjh.org/age-friendly-jackson-hole An age-friendly community is an inclusive and accessible environment that promotes active aging. Meets at the Senior Center of Jackson Hole the second Wednesday of each month.

Adult Protective Services, Department of Family Services 307-733-7757 dfs.wy.gov Support, education and services for exploited, neglected or abused elders.

Alzheimer's Support

- Alzheimer's Association 1-800-272-3900 www.alz.org
- Alzheimer's Foundation of America 1-866-232-8484 alzfdn.org
- SJMC Institute for Cognitive Health 307-739-7434 cognitivehealthjh.com
- Wyoming Center on Aging 307-739-7434 uwyo.edu/wycoa/

American Cancer Society 1-800-277-2345 cancer.org Information and support for cancer patients and their families and friends

Assisted Living

- Legacy Lodge at Jackson Hole, WY 307-734-0500 legacylodgeJH.com
- Teton Peaks, Driggs, ID 208-403-7483 tetonpeaksassistedliving.com
- Warm Valley Lodge, Dubois, WY 307-455-2645 warmvalleylodgewy.com
- Deer Trail, Rock Springs, WY 307-362-0100 deertrailassistedliving.com

Assisted Living Facility/Long Term Care Waiver Program 1-855-329-5204 health.wyo.gov This waiver offers an option for individuals who need nursing home level of care but wish to remain in their home or admit to an Assisted Living Facility.

Caregiver Support

SJMC Cognitive Health Dept. 307-739-7434 cognitivehealthjh.com Education, information, referral, Lending Library & Support Groups
Senior Center of Jackson Hole 307-733-7300 seniorcenterjh.org Caregiver Training, National Family Caregiver Program

Community Resource Center 739-4500 Now called: One22jh.org Social Services in Jackson, WY

Department of Family Services 115 W. Snow King, Jackson, WY 307-733-7757 dfsweb.wyo.gov Information on food stamps, child and adult protection and Medicaid.

Elder Care Advisors Carol Taylor, LCSW 307-413-2855 caroltaylor58@hotmail.com Geriatric care management offering compassionate & responsive care for elders and their families.

Emergency Shelter

• Good Samaritan Mission - 285 W.Pearl, Jackson WY 307-733-3165

Shelter for 2 nights, breakfast & dinner weekdays, breakfast, lunch & dinner weekends.

• Community Safety Network - Free, confidential services available any time of day or night by calling 307-733- SAFE (7233).

Employment

• Department of Workforce Services 307-733-4091 wyomingworkforce.org Assistance with job retraining, employment placement, unemployment services.

Energy Assistance 1-800-246-4221 dfsweb.wyo.gov/economic-assistance/lieap

Low Income Energy Assistance, LIEAP, is a state and federally-funded program that helps people pay home heating bills.

Food (See Food Map Available From Senior Center of Jackson Hole)

• Senior Center of Jackson Hole 307-733-7300 seniorcenterjh.org

Congregate meals served Mon-Fri at noon, home delivered meals, free food table (Jackson Whole Food Rescue), Free meals 1st & 3rd Friday of the month.

• Jackson Cupboard 170 N. Glenwood jacksoncupboard.org

Providing essential nutritious food for community members in need. Mon & Thurs 4:00-6:00, Wed 10:00-12:00

- Wednesday Night Community Dinners at the Presbyterian Church of Jackson Hole 1251 S. Park Loop Rd.
- Community Lunch Program, Our Lady of the Mountains Catholic Church, weekdays. 201 S. Jackson St.

Jackson Hole Community Counseling Center 307-733-2046 jhccc.org

Mental health counseling and support, 24 hour crisis line.

Home Care Services

• Senior Center of Jackson Hole 307-733-7300 seniorcenterjh.org In-home care services on a sliding fee scale as well as private pay options for personal care, companion care,housekeeping and transportation.

• St. John's Medical Center Home Health and Hospice 307-739-7465

Offering Medicare certified in-home skilled nursing services, clinical social work, ancillary therapies, patient and family education and hospice care.

• Teton Homecare Plus Esther Gonsalves (603) 560-7525

Housing

• Pioneer Homestead Apartments 307-733-9787 pioneerhomesteadapts.com Subsidized housing for seniors and people with disabilities

- Low Income Housing
 - Cedar Creek I and II Housing 345 Rancher St. 307-733-6634 cedarcreekjackson.com
 - Aspen Creek 2000 Corner Creek Ln 307-733-6634 jacksonaspencreek.com
 - Jackson Apartments 2198 Corner Creek Ln 307-733-4535

Latino Services (See One22)

- Latino Resource Center 170 N. Glenwood 307-734-0333 one22jh.org
- El Puente 460 E. Pearl, Jackson, WY 307-7394544 Medical translation and interpretation services.

Legal Services

- Legal Aid of Wyoming 1-877-432-9955 lawyoming.org Legal advice/assistance for those with limited income
- Teton County Access to Justice Center 307-734-9023

Free civil legal services to qualified persons with referral to attorneys if needed.

Medical Equipment

• Senior Center of Jackson Hole 307-733-7300 seniorcenterjh.org Loan closet for walkers, wheelchairs, toilet risers, bath benches, etc.

• Western Medical Equipment 307-200-6222 westmed22.com Portable oxygen and durable medical equipment supplier.

Medicaid-Wyoming Department of Health 1-855-203-2936 health.wyo.gov

Financial assistance for nursing home, inpatient hospital, hospice, long-term in-home waiver, assisted living waiver, acquired brain injury.

Medicare Assistance

• Senior Center of Jackson Hole 307-733-7300 seniorcenterjh.com Trained volunteers to assist with Medicare issues

Medicare - US Government 1-800-Medicare Medicare.gov

Medication Assistance

• Senior Center of Jackson Hole 307-733-7300 seniorcenterjh.org

Limited assistance available for low income seniors

• Various patient assistance programs via pharmaceutical companies. Consult with local physician or pharmacist.

Medication Disposal

- Teton County Public Health recycles non-narcotic medications 460 E. Pearl St., 733-6401
- Teton County Sheriff (all medications)180 S. King, 733-4052

Medication Donation Program 855-257-5041 health.wyo.gov/healthcarefin/medicationdonation Wyoming Department of Health

Nursing Homes

- St. John's Living Center, Jackson WY 307-739-7450 tetonhospital.org/patient-services/living-center
- For Nursing Homes in the region contact: medicare.gov/nursinghomecompare

Ombudsman Analyn Reader 307-856-6880 analyn.reader@wyo.gov wyomingseniors.com Regional Ombudsman at Wyoming Senior Citizens Inc.

One 22 307-739-4500 one22jh.org

Emergency aid and resources in times of crisis, financial guidance and empowerment, language assistance for essential health and safety, and community-building programs that supply information.

Personal Emergency Response System (PERS)

- Life Line, St. John's Home Care Services, Jackson WY 307-739-7465
- LinCare PAS (Personal Alert System) 307-733-9737
- AssureLink 841 Oxford Dr, Idaho Falls, ID 83401 208-523-2704 assurelink.net

Senior Center of Jackson Hole 307-733-7300 seniorcenterjh.org

Services for people age 60+ including congregate and home delivered meals, activities, transportation, home care assistance, personal care services, resource and referral

Social Security

- Rock Springs (855) 881-0211
- Idaho Falls 1-866-253-0489
- National 1-800-772-1213 ssa.gov

Application, benefits/eligibility information, Social Security Disability and Supplemental Security Income

St. John's Medical Center 307-733-3636 / 307-739-7434 tetonhospital.org

Medical care, 24 hour ER, home health/hospice, long term care, support groups, education, cognitive health.

Substance Abuse Treatment Curran Seeley 307-733-3908 curranseeley.com Assistance for individuals and families with alcohol and drug abuse issues including evaluation, treatment, support groups & education.

- APEX Counseling 307-732-4199
- Alcoholics Anonymous 307-733-5322
- Alcohol & Narcotics 24 hour helpline 1-877-479-9777

Tax Assistance

- Property Tax Relief Teton County Treasurer's Office 703-733-4770 tetonwyo.org/treas
- Teton County Library Free Tax Preparation Service 307-733-2164 x333 tclib.org/programs/5941

Teton County & Jackson Parks and Recreation 307-739-9025 tetonparksandrec.org Recreational activities including swimming, hiking, skiing, crafts, educational events for all community members, featuring special programming for seniors.

Teton County Library 307-733-2164 tclib.org

The Teton County Library Collection offers a variety of ebooks, audio-books, music, videos, movies and digital media.

Teton County Health 460 E. Pearl Av. Jackson 307-733-6401 tetonwyo.org/p Immunizations, flu shots, environmental health and education.

Teton County Victim Services 307-732-8482 townofjackson.com/services/victim-services The Victim Services Department informs all crime victims of their rights and available services. They provide comprehensive services to educate, empower, and advocate for crime victims.

Teton Free Clinic 307-739-7492 tetonfreeclinic.org

Free health clinic for Teton County residents every Tuesday evening at 557 East Broadway (next to the Living Center) from 5:30-7:45pm every Tuesday.

Transportation

• START Bus 307-733-4521 startbus.com

Local Jackson area fixed route service in town and to Teton Village.

• START Bus - ADA 733-4521 www.startbus.com/about/ada

One-day advance reservation for disabled riders 8:00 a.m. to 5:00 p.m.

• Senior Center of Jackson Hole Bus 307-733-7300

Provides door-to-door service within town limits Mon-Fri 9:00-3:00. Limited escorted transportation on a one-to-one basis also available.

VA and Wyoming Military Department 800-833-5987 wyomilitary.wyo.gov/veterans

State Veterans Service Officer Lori Crump can help U.S. Vets with an array of financial, legal, housing and health issues.

• Lori Crump, State Veteran Service Officer, Phone: 307-438-2101 lori.mcgee@wyo.gov

Volunteer Opportunities

Community Foundation of Jackson Hole 307-739-1026 cfjacksonhole.org The Community Foundation provides ease and flexibility in giving to help people leave lasting legacies.

Volunteers of America Northern Rockies 307-672-0475 voanr.org

A faith-based nonprofit organization that provides affordable housing and other assistance services primarily to low-income people throughout the United States.

Wyoming Assistive Technology Resources (WATR) 800-989-9463 uwyo.edu/wind/watr

The Assistive Technology Act supports state efforts to improve the provision of assistive technology by providing states with financial assistance to meet the assistive technology needs of individuals with disabilities.

Wyoming Center on Aging 307-766-2829 uwyo.edu/wycoa

Program of University of Wyoming. Provides live and online training on topics including mental health, end of life care, chronic disease management, care transitions and Alzheimer's disease and other dementias.

Wyoming Guardianship Corporation 307-635-8422 wyomingguardianship.org

Serves as the umbrella corporation for the Guardianship Program, the Substance Abuse and Mental Health Ombudsman Program, the Representative Payee Program and the Pooled Trust Program.

Wyoming Independent Living Rehabilitation and Project Out (WILR)

1-800-735-8322 wilr.org Dedicated to the philosophy that every person, regardless of disability, deserves to experience dignity, safety, health and personal independence.

Wyoming Institute for Disabilities (WIND) 1-888-989-9463 TTY: 1-800-908-7011 uwyo.edu/wind WIND works to assist individuals with developmental disabilities, their families, professionals, and University of Wyoming students through education, training, community services, and early intervention.

Wyoming Military Department 5410 Bishop Blvd. Cheyenne, WY wyomilitary.wyo.gov Information on Veterans and Wyoming State Services and National Guard for families and employers.

Wyoming Seniors, Inc. Riverton, WY 1-800-856-4398 wyomingseniors.com

A private, nonprofit organization whose purpose is to meet the needs of Wyoming's older residents and help them maintain their independence.

Wyoming Services for Independent Living 800-745-2394 / 307-362-4159 wysil.org Provides continually increasing opportunities for individuals with disabilities to live as independently as possible including services such as travel vouchers.