



307-733-7300 // 830 E. Hansen // www.SeniorCenterJH.org // info@SeniorCenterJH.org

STAFF

Becky Zaist
Executive Director
Rebecca Erskine
Assistant Director
Jenny Ryan
Bookkeeper
Bill McPeak
Transportation
Liz Jacobson
Data Manager

HOME CARE

Erin Crow
Home Care Manager
Corinne Ahlum, RN
Frankie Fernyhough,
Devin Dwyer, Dori Cote,
Kristine Dyke, Chris Encinas,
Margaret Harris, Deb Wuersch,
Judy Johnson, Janette Miller,
Mary Obringer, Reyna Perez,
Laurie Watsabaugh,
Mary Lynn Hewitt
Dimmie Zeigler, Laura Nugent

KITCHEN

Amando Perfecto
Head Cook
David Basye & Yocelin
Colchado
Assistant Cooks
Francisca Moreno
Dishwasher

Our Mission

*Enhancing and supporting
the lives of seniors.*

Creative Writing Series

EACH WEDNESDAY IN AUGUST
9:30 AM TO 11:00 AM

Join SariAnn Platt at the National Museum of Wildlife Art for a creative writing class!

Sessions will focus on developing a sense of "wildness" in one's writing by emphasizing nature-oriented themes. The class will provide a brief survey of fiction, poetry, and nonfiction, to help participants explore new ways of telling stories. A portion of each class will be dedicated to discussing the tradition of "nature" writing from Indigenous oral traditions to Thoreau to more contemporary writers.

All levels are welcome!

Classes will take place outdoors at the National Museum of Wildlife Art by the main entrance.

Participants should bring a notebook and pen or pencil. Feel welcome to bring watercolors or other artmaking supplies.

Participants will practice social distancing at all times during the class. Masks are required. The museum will provide participants with a light canvas folding chair and umbrella for shade.

Suggested contribution is \$30. Call 733-7300 register & pay at the Senior Center. Space is limited.

Outdoor Fitness Schedule

Staff and customer reviews are in and Outdoor Fitness is a success! The Senior Center Fitness Instructors are continually adapting the classes to keep you active this summer. Please join them for a morning fitness class.

UPDATED FITNESS SCHEDULE FOR AUGUST:

Monday 10:00 AM Pilates in May Park with Makayla

Tuesday 10:30 AM Yoga in the South End Parking Lot with Trish

Wednesday 9:00 AM Yoga for Strength in the South End

Parking Lot with Jo

Thursday 10:30 AM Tai Chi in May Park with Greg
Suggested contribution is \$5 for seniors.



Old Bills Fun Run

The six-week Old Bill's Giving Season, which kicks off August 1, will be the most crucial fundraising effort in the event's 24-year history. The Senior Center, like many local non-profits, is facing budget cuts and increased operating costs because of COVID-19 and its associated impacts. We are counting on our community to help us through this challenging time.

Please consider helping the Senior Center by making a tax-deductible contribution to the Senior Center through Old Bills Fun Run this year. The Senior Center will receive the full amount that you give as well as matching funds.

To make a donation, write "**Senior Center of Jackson Hole**" on the donation form and make your check payable to the **Community Foundation of Jackson Hole**.

If you prefer, you can give on-line at www.oldbills.org and pay by credit/debit card.

Thank you for helping to sustain us. Though our services look different, we remain dedicated to enhancing and supporting the lives of seniors!



Giving Back

MONETARY DONATIONS

Liz & Kelly Lockhart
June Nystrom
Robin Smith
Ann Williams & Bob Laganza
Mary Kay & John Turner
Dimmie & Greg Zeigler
Sylvia Pack
Rosemary Seherr-Thoss
Tammy Coy
Joyce & Dan Butcher
Doris Budge
Vonona Scott
Knobloch Family Foundation
Peggy & Greg Prugh Sr.
Carol Roth
Odd Fellow's Lodge #8

MISCELLANEOUS DONATION

Chris Glasgow
Debbie Reinsch
Porcupine Greenhouse

LUNCH HELPERS

Stella, Sayre, Eli, Henry,
Emma, William, Parker,
Sabin, Liz & Catherine

MEMORIAL DONATIONS

DR. EMMY KNOBLOCH
Knobloch Family Foundation

CAROL VANDENBURG

Bob Shervin
Mary & Mark Obringer

CHERYL SCHAFFER

Bob Shervin

BOB GRAHAM, GRACE BROWN, CAROLYNN HAWTIN, RAY FLOREANI, LAURA SIMPSON, HUGH SOEST, GENE SINN, WES FLANAGAN, BARBARA SHERVIN

Senator Grant & Maralyn Larson Fund of the Community Foundation of Jackson Hole

MEMORY WALL

CHERYL SCHAFFER
From All Her Friends

Create a Living Legacy

Consider leaving a gift to the Senior Center in your will. Your good deed will survive you and provide a memorial for your family and for generations to come.

August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Mixed Green Salad with Carrot Chicken Salad on Crescent Roll Pasta Salad Strawberries & Bananas	4 Spinach Salad Roast Beef Mashed Potatoes, Gravy Roasted Asparagus Angel Food Cake with Berries	5 Creamy Cole Slaw Tuna Noodle Bake Seasoned Zucchini Whole Wheat Bread Peach Cobbler	6 Root Beer Float Day! Garden Bounty Salad Cheeseburger Sweet Potato Wedge Peaches Chocolate Chip Cookie Root Beer Float	7 Friday Feast Asian Salad Sweet & Sour Pork Brown Rice Pilaf Sesame Green Beans Strawberry Shortcake	8
9	10 Creamy Veggie Coleslaw BBQ Meatballs Scalloped Potatoes & Onions Seasoned Zucchini Cindy's Roll Chilled Apricot	11 Lettuce & Tomato Salad Chicken & Herbed Fettuccine Mixed Vegetables Roll Berry Pie	12 Tortilla Soup Pork Carnitas Tacos Salsa & Chopped Onions Black Beans Spiced Carrot Cake with Whipped Topping Fruit Cup	13 Spinach Strawberry Salad Parmesan Fish with Brown Rice Roasted Vegetables Roll Chocolate Surprise Cake	14 Broccoli Craisin Salad French Dip Sandwich Horseradish Sauce Fresh Pear Ranger Cookie	15
16	17 Boneless Pork Chop Mashed Potatoes, Gravy Green Beans w/ Almonds Wheat Roll Cantaloupe, Honeydew Strawberry Cup Yogurt	18 Honey Mustard Slaw Fish Florentine Wild Rice Pilaf Glazed Carrots Strawberry Shortcake	19 Carrot & Celery Strips Parmesan Chicken Mashed Garlic Potatoes Seasoned Zucchini Whole Wheat Bread Fresh Fruit	20 Three Bean Salad Beef Barley Soup Egg Salad Sandwich on Whole Wheat Bread Mandarin Oranges Chocolate Chip Cookie	21 Friday Feast Spinach & Strawberry Salad Salisbury Steak with Mushroom Gravy Baked Potato Blended Vegetables Peaches in Orange Sauce Gingerbread Cake	22
23	24 Spinach Mushroom Salad Monterey Chicken Steamed Brown Rice Grilled Broccoli Whole Wheat Roll Chilled Apricots	25 Garden Vegetable Salad Spaghetti & Meat Sauce Minnesota Green Beans Focaccia Bread Peachy Pudding	26 Birthdays Lunch Lettuce & Tomato Salad Hot Open Faced Roast Beef Sandwich , Gravy Mashed Potatoes Carrot Coins Yellow Cake & Cherry Topping	27 Spring Salad Almond Crusted Fish Tartar Sauce Baked Sweet Potato Seasoned Zucchini Corn Bread Fruit Salad	28 Vegetable Salad Roast Pork Baked Potato Sour Cream Stewed Tomatoes Whole Wheat Bread Baked Apple	29
30	31 Garden Vegetable Salad Cheesy Beef-Stuffed Shells Herbed Broccoli Whole Wheat Bread Fresh Fruit	<p>Breakfast and Lunch will continue to be served curbside and home delivered until further notice. Breakfast menu is available online. Suggested contribution for seniors is \$2.50 for breakfast and \$5 for lunch. Non Seniors are \$10 for lunch Menus are subject to change</p>				

Goodbye to Hannah Sell

Thank you Hannah and Wishing You the Best!

For the past 3 years & 8 months we have had the joy of having Hannah as a part of our team at the Senior Center as Activities and Volunteer Coordinator. Her bright smile and laughter have brightened our days.

She has done an amazing job of getting new activities going – art classes, Spanish classes, outings, etc. – and partnering with various local organizations.

As Volunteer Coordinator she has brought in many new volunteers, developed training programs and enhanced our volunteer program.

Most importantly, Hannah has made friends with seniors and volunteers whose lives she has touched.

In August, Hannah will be moving on to a new exciting opportunity with Cultivate Ability. We wish her the very best and know that she will bring her skills, warmth and smile to her new workplace. She will still be in the valley, so look for her around town and on the bike paths!

Thank you Hannah! We will miss you.



On August 1, 2020 the suggested contribution for senior lunch is \$5 and senior breakfast is \$2.50. Non-senior lunch is \$10 and breakfast is \$5. If this increase creates a hardship, assistance is available and as always, we accept what you can afford to pay. We are also grateful for donations to help those who cannot afford to pay. Please contact Becky with questions or concerns.

FACE MASKS

The **Town of Jackson Ordinance 1255** requires that everyone in the Town of Jackson must wear a face covering when they are inside or waiting to enter any place of business, when they are obtaining healthcare services, and when riding on public transportation or for-hire transportation services.

Should cloth face coverings be washed or otherwise cleaned regularly? Yes. They

should be routinely washed depending on the frequency of use.

How does one safely sterilize/clean a cloth face covering? A washing machine should suffice in properly washing a face covering.

How to safely remove a used cloth face covering? Be careful not to touch eyes, nose, and mouth when removing face covering and wash hands immediately after removing. Go to jhccovid.com for more information.

Happy Birthday August!

1	Grace Barca Kathy Olson Bob Skaggs Greg Zeigler Stan Zillion	12	Janet Etzkorn Mary Goodfellow Jeanne Kirkpatrick Cliff Martin Joan Shipman Carol Wood	22	Jerry Benson Gary Duniphan Lisa Larson-Hoyt Penny Mohan Billy Thomas
2	Cathy Happersett	13	Mike Blazek Gigi Halloran Joan Pea	23	Doreen Alesna-Baclayon Jane Chapman Jennifer Mawyer Karen Terra Bill Waldron
3	Millie Escobedo Douglas Pitman Dan Thomas Bobbi Thomasma Dick Werner	14	Cristina Campos Carillo Jean Day Joan Goldfarb Linda Rode Betty Stone Michael Wilson	24	Pam Bode Mick Dettmer Ron Kraft Mo O'Leary Ed Taylor
4	Robbi Farrow Sheryl Jordan Chuck Kusek Bill Schwartz Venna Sparks	15	Nancy Guthrie	25	Carol Hubbard Fern Robinson Ed Schmitt Jane Stewart
5	Clyde Mason	16	Carole Baker David Peterson	26	Martha Gilmore Joy Steiner
6	Susan Dixon Peter Haan Jeff Huot Cindy Nigro Connie Owen	17	David Dunlap Claudia Gillette Bill Hansen	27	Tom Klotz Steven Robinson Michael Schrotz
7	Dick Fischer Elizabeth Koszalka Faith May	18	Beverly Pieper	28	Karen Swaim Father Philip Vanderlin Steve Weichman
8	Jennifer Fay Auge Arne Johanson Danette Jolly Bobbie Werner	19	Syd Elliott Vicki Johnson Rick Liu Rhonda Robles Nancy Taylor Bob Weber Ruth Williams	29	Bob Hammond Gwendy Johnson Larry Jorgenson Ann Kelley Annie Mostkoff Bill Racow Kelly Stirn
9	Gretchen Duniphan Jackie Larson Anne Lawrence Gretchen Neuman	20	Joyce Batson Roger Guest Dorice McNeill Terry Rogers Jeana Troyan	30	John Bickner Denise Binderup Joel Goldberg Phyllis Horwitz
10	Susan Berger Carol Kaminski Tim Sandlin	21	Gene Bauer Louise Galiher Leslie Kraft Mary Ellen Pimental Gretchen Randolph Greg Smith Doyle Vaughan John Wilbrecht	31	Cindy King Bill McPeak Pete Petersen Jay Varley Mary Kay Werner
11	Ginger Anderson Wendy Carlson-Koll Frank Ewing II Mary Lohuis Ron Novak				

Birthday Lunch: August 26th

August birthdays will enjoy to-go lunch compliments of First Interstate Bank.



DID WE MISS YOUR BIRTHDAY?

If your annual Senior Center membership has expired, you will not see your birthday listed. Please stop by the front desk.

Things to know:

Surveys

In August we will be conducting annual customer satisfaction surveys – and we would appreciate your help.

The surveys are required by our state grants but more importantly, they are a way of finding out how well we are serving you and what we can do better. We will be sending out the surveys electronically as well as including with lunches.

Thank you for helping us out by taking a couple of minutes to fill these out!

BOARD OF DIRECTORS

Dave Auge
Chair

Lou Hochheiser
Vice Chair

Bruce Hawtin
Secretary

Sara Van Genderen
Treasurer

Bob Shervin,
John A Turner,
Sheila Sandubrae Davis,
Rick Stuck, Irene Lund

Hours

MONDAY – FRIDAY
8:00 AM – 3:00 PM



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Live Your Best Life
August Newsletter 2020