



307-733-7300 // 830 E. Hansen // [www.SeniorCenterJH.org](http://www.SeniorCenterJH.org) // [info@SeniorCenterJH.org](mailto:info@SeniorCenterJH.org)

**STAFF**

**Becky Zaist**  
*Executive Director*  
**Rebecca Erskine**  
*Assistant Director*  
**Hannah Sell**  
*Activities/Volunteers*  
**Jenny Ryan**  
*Bookkeeper*  
**Bill McPeak**  
*Transportation*  
**Liz Jacobson**  
*Data Manager*

*Receptionist/Activities Asst.*

**HOME CARE**

**Erin Crow**  
*Home Care Manager*  
Corinne Ahlum, RN  
Frankie Fernyhough,  
Devin Dwyer, Dori Cote,  
Kristine Dyke, Chris Encinas,  
Margaret Harris, Deb Waersah,  
Judy Johnson, Janette Miller,  
Mary Obringer, Reyna Perez,  
Laurie Watsabaugh,  
Mary Lynn Hewitt  
Dimmie Zeigler, Laura Nugent

**KITCHEN**

**Amando Perfecto**  
*Head Cook*  
**David Basye & Yocelin Colchado**  
*Prep Cooks*  
**Francisca Moreno**  
*Dishwasher*

***Our Mission***

*Enhancing and supporting  
the lives of seniors.*

***Programming Update***

We are beginning exercise classes in May Park! We will notify members of the date and time of the classes as we schedule them. Exercise classes are \$5. We will honor all unused punches on cards.

Our transportation is now available Monday through Friday 9 am to 3 pm for medical, dental, physical therapy appointments and errands. You must make reservations 24 hours in advance. Seating will be limited on the bus and masks are required.

The Board of Directors will be meeting July 8th to re-assess the opening of the Senior Center. We will send out announcements when we have changes to activities permitted within the building.

Please call 733-7300 for information or reservations.

We appreciate your support, understanding and patience.

***Volunteer Spotlight***

**BEHIND THE MASK:  
DEVIN DWYER, SENIOR CENTER  
GROCERY SHOPPER**

If you're having groceries delivered by the Senior Center, you may have had the pleasure of meeting Devin Dwyer!

Devin lives in Driggs, Idaho with her boyfriend, Tim, their 3 dogs, 2 cats, a flock of chickens, and bees!! Devin is from Connecticut and moved out west in college by way of Salt Lake City and then Driggs.

In addition to grocery shopping, Devin wears many hats as a property manager, Pilates instructor, and Wydaho Festival Manager for

Teton Valley Trails & Pathways! In her free time, Devin enjoys mountain biking, skiing, paddle boarding, and laughing with friends!

Come out and say hi (from 6 ft away!) next time she delivers your groceries!



## Friday Feast

### Friday Feast Continues – with date change for July

Thanks to a generous grant from the Community Foundation of Jackson Hole, our Friday Feast meals continue to be offered for pick-up and through Meals on Wheels. Normally, Friday Feast meals are the 1st and 3rd Friday of each month when seniors

receive their meal without charge. Because of the Independence Day holiday, the Senior Center will be closed on the Friday, July 3, so we will instead be offering Friday Feast meals on the 3rd and 5th Friday (July 17 & 31) instead. To make reservations, please call the Senior Center at 733-7300.

Thank you to Bank of Jackson Hole, Boys Scouts Troop 13, Haagen-Dazs & the Hole Quarantine for making Father's Day lunch very special!



The Hole Quarantine

## Giving Back

### MONETARY DONATIONS

Susan Marsh  
Marge and Gil Ordway  
Mary Lohuis  
JH Duplicate Bridge  
Forest Stearns  
Cheryl Schaffer  
Robin Smith  
Elks – BPOE #1713  
Sylvia Pack  
Bonnie & Tom Pockat  
Odd Fellows Lodge #8  
Judy Legg

Krieger/Moll Family –  
Bar Mitzvah gift for Travis  
D'Amours  
Rhea Lewis & David Chavez  
Connie Owen  
Amazon Smile  
James Sarapata  
Vonona Scott  
Anonymous  
Tammy Coy  
C & N Foundation  
Bobbi & Ken Thomasma

### MISCELLANEOUS DONATION

Betty Benson  
Ann Smith  
Kiwanis Club of Jackson Hole

### MEMORIAL DONATIONS

#### RON KIEHN

Cecilia & Frank Bellinghiere

### MEMORY WALL

#### ELLEN LINN

The Staehr Family

### Create a Living Legacy

*Consider leaving a gift to the Senior Center in your will. Your good deed will survive you and provide a memorial for your family and for generations to come.*

# July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>Breakfast and Lunch will continue to be served curbside and home delivered until further notice. Breakfast menu is available online. Suggested contribution for seniors: \$2 Breakfast and \$4 Lunch. Menu subject to change without notice</p>	<p><b>1</b> Spinach Salad <b>Roast Beef</b> Mashed Potatoes, Gravy Roasted Asparagus Angel Food Cake with Berries</p>	<p><b>2</b> Tossed Green Salad <b>BBQ Pork</b> Boston Baked Beans &amp; Bacon Carrots Roll Applesauce</p>	<p><b>3</b> <b>Closed for Independence Day</b></p>	<p><b>4</b></p>
<b>5</b>	<p><b>6</b> Carrot &amp; Celery Sticks <b>Beef &amp; Spinach Wrap</b> Potato Salad Fresh Fruit Chocolate Chip Cookie</p>	<p><b>7</b> Spinach Mushroom Salad <b>Mediterranean Fish</b> Brown Rice Grilled Zucchini Whole Wheat Roll Fresh Fruit</p>	<p><b>8</b> Crunchy Vegetable Surprise <b>Beef Stroganoff</b> Noodles Pan Roasted Broccoli Roll Apple Brown Betty</p>	<p><b>9</b> <b>Chicken Caesar Salad</b> Whole Wheat Bread Stick Harvard Beets Creamy Fruit Bowl Carrot Cake</p>	<p><b>10</b> <b>Pork Chop Supreme</b> Scalloped Potatoes German Blend Vegetables Ambrosia Fruit Cup Oatmeal Spice Cake</p>	<p><b>11</b></p>
<b>12</b>	<p><b>13</b> Asian Salad <b>Baked Steak Teriyaki &amp; Noodles</b> Stir Fry Vegetables Pineapple Chunks Ginger Snap Cookie</p>	<p><b>14</b> Minestrone Soup <b>Layered Salad</b> with Chicken Marinated Carrots Roll Strawberries &amp; Bananas Peanut Butter Cookie</p>	<p><b>15</b> Tossed Salad <b>Baked Fish</b> Macaroni &amp; Cheese Spinach Strawberry Shortcake</p>	<p><b>16</b> Creamy Coleslaw <b>Cheeseburger</b> Side of Lettuce, Tomatoes, Pickles &amp; Onions Oven Browned Potatoes Apricot Crisp</p>	<p><b>17</b> <b>Friday Feast</b> Lettuce &amp; Tomato Salad <b>Baked Chicken</b> Au Gratin Potatoes Green Beans Roll Very Berry Tart</p>	<p><b>18</b></p>
<b>19</b>	<p><b>20</b> Hawaiian Tossed Salad <b>Fish Cakes</b> Balsamic Glazed Green Beans Roasted Red Potatoes Whole Wheat Bread Cantaloupe Salad</p>	<p><b>21</b> Carrot, Celery &amp; Cucumber Salad <b>Rancher's Meat Loaf</b> Mashed Sweet Potatoes Almond Broccoli Wheat Drop Biscuit Fresh Fruit</p>	<p><b>22</b> German Style Tomato Salad <b>Buffalo Chicken</b> (sauce on side) Macaroni Salad Watermelon Chunks Pina Colada Cake</p>	<p><b>23</b> <b>Birthday Lunch</b> Carrot Salad <b>Roast Pork</b> Mashed Potatoes, Gravy Zucchini Whole Wheat Bread Pineapple Upside Down Cake</p>	<p><b>24</b> Mixed Green Salad <b>Turkey Club Sandwich</b> on Whole Wheat Bread Potato Salad Fresh Fruit Fudge Brownie</p>	<p><b>25</b></p>
<b>26</b>	<p><b>27</b> Carrot &amp; Celery Strips <b>BBQ Chicken</b> Potato Chips Crunchy Calico Salad Roll Watermelon</p>	<p><b>28</b> Three Bean Salad <b>Baked Fish</b> Dill Sauce Roasted Red Potatoes Broccoli Yellow Cake &amp; Lemon Cream Frosting Oranges</p>	<p><b>29</b> <b>Italian Pasta Salad</b> on Greens Tomato Wedge Fruit Parfait Oatmeal Rasin Cookie</p>	<p><b>30</b> Lettuce &amp; Tomato Salad <b>Chicken Enchiladas</b> Ranch Style Beans Fruit Cup Date Bar</p>	<p><b>31</b> <b>Friday Feast (instead of 3<sup>rd</sup>)</b> Mixed Green Salad <b>Lasagna</b> Italian Blend Vegetables Garlic Roll Strawberry Rhubarb Crisp</p>	<p><b>31</b></p>

## Tales from the Grocery Store

As I write this article, the Senior Center Home Care team has delivered groceries to 397 households in the last 13 weeks. Wow!

Here are some fun tidbits from this experience that we would like to share with you....

- Bagging items is an art, especially when you are buying for 4 households at once and there is a long line behind you
- Our most common last minute "add on" to grocery lists is usually chocolate
- Our favorite grocery list notation has been "get as many rolls of toilet paper as you can without looking like a hoarder"
- Our shoppers often find themselves holding their breath under their masks whenever they have to closely walk by other shoppers in the store...this is not necessary of course
- Do you know how to tell a "professional shopper"? They usually have a clip board and LOTS of groceries
- We have a "favorite checker" and through the weeks we have gotten to know her well... she might ask Frankie to be in her wedding one day
- Some of our shoppers have been forever changed as they now write their personal grocery lists in a regime organized way
- Pasta remains to be scarce throughout the weeks-must be a popular comfort food

- Beware: the scariest spot in Smith's during a Pandemic is definitely the produce area and the ice cream aisle
- We would like to ask you to please write to your local councilman to improve cell phone service in our grocery stores!
- Our most stressful "ask" thus far: buying a birthday card for a little girl that you've never met
- You know you are at a breaking point as a professional shopper when you are frantically looking for a "no substitute item" and you start to tear up or exclaim out loud "YES!" when you finally find it



### FACE MASKS

CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain, e.g. grocery stores, and especially in areas of significant community-based transmission

**Should cloth face coverings be washed or otherwise cleaned regularly?** Yes. They should be routinely washed depending on

the frequency of use.

**How does one safely sterilize/clean a cloth face covering?** A washing machine should suffice in properly washing a face covering.

**How to safely remove a used cloth face covering?** Be careful not to touch eyes, nose, and mouth when removing face covering and wash hands immediately after removing.

Go to [cdc.gov](https://www.cdc.gov) for more information.

## Happy Birthday July!

1	Cathy Fonatsch Karl Meyer		Marilyn Paine Claudia Perry		Joy Surdam Charlene Zuckerman
2	Frank Bellinghiere	14	Christine Schuler Susan Drew	23 24	Jack Porter Lana Crabtree
	Rick Brown JoVern Burnside		Mary Lou Klene Chuck Parsons		Teresa Hunger Will Obering
	Vanita Fowden Diane Palmore		Hank Phibbs Carol Pitman		Barb Rinker German Rodriguez
	Bru Wicks	15	Barbara McMullen	25	Frank Lyons
3	Ken Bradberry Elaine Luton		Russell Nelson JP Trudelle		Kim McGregor James Ross
4	Sabra Gent John Guslander	16	Nancy Palomba Paul Sterrett	26	Scott Berger Carter Harrison
	Sue Mortensen		Doreen Ward		Linda Krentler
5	Dick Hobbins Fran Lange	17 18	Jan Mathiesen Margie Aeckerle		Linda Lamb Carol McCain
	Marilyn Maier		Dennis Conley		Robert Righter
6	Dick Ferguson George Green III		Stan Steiner Dawna Wilson		Gloria Rogers Georgi Still
	Judy Keresztes Suzie Kirvinskee	19	Ernie Anderson Charlie Kerr	27	David Adams Russ Doty
7	Helen Kudar		Tom Richardson		Alan Galbraith
8	Doug Eggers Sidney Karin		Aldona Thompson		Frank Kaunitz Ed Prater
	Arnold Morris	20	Becky Zaist Kelsey Clark	28	Janet Abbinanti Steve Epstein
	Mike Randall Tim Tomkinson		David Dornan Laurie Fukawa		Clay Hoyt Abigail Karin
9	Armand Cadol John Gregg		Vicki Hutson Wally Kauffman		Walter Saunders Karen Wernicke
	Stephen Hipp Sylvia Pack		Peggy McAvoy Eula Monroe	29	Keith Austin Tamara Clauson
	Cynthia Riedel Helen Robertson	21	Beverly Pratt CJ Burt		Margene Jensen Dennis Jones
10	Faye Bruce Jane Hipp	22	Irene Lund Elisabeth Evarts		Susan Williams Russ Wood
11	Maureen Brown Marilynn French		Nani Guderian Clarene Law	30	Nancy Ayers
12	Ian Edwards Susan Foster		Rita Miller Pat Nantz	31	Grace Anderson Joan Lucas
	Mike May		Gratia Reynolds		Diane Peterson
13	Mike Adler		Brent Schaffer		

### Birthday Lunch: July 23rd

July birthdays will enjoy to-go lunch compliments of First Interstate Bank.



#### DID WE MISS YOUR BIRTHDAY?

If your annual Senior Center membership has expired, you will not see your birthday listed. Please stop by the front desk.

# Things to know:

## IMPORTANT PLACES FOR INFORMATION

Jackson Hole responds to COVID-19: [www.jhccovid.com](http://www.jhccovid.com)

## TETON COUNTY SHERIFF'S OFFICE PRESCRIPTION PICK-UP

Call the Sheriff's Office at 733-4052 or Senior Center for details about this service.

## CDC RECOMMENDATIONS

Clean your hands often; Avoid close contact; Cover coughs & sneezes; Stay home if you are sick; Clean and disinfect frequently used surfaces. If you are sick call your physician or the hospital hot line 739-4898, option 3.

## BOARD OF DIRECTORS

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*Vice Chair*

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Sara Van Genderen  
*Treasurer*

Bob Shervin,  
John A Turner,  
Sheila Sandubrae Davis,  
Rick Stuck, Irene Lund

## *Hours*

**MONDAY – FRIDAY**  
8:00 AM – 3:00 PM



P.O. Box 4677  
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[www.seniorcenterjh.org](http://www.seniorcenterjh.org)

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**Live Your Best Life**  
**July Newsletter 2020**